

# Parkhill, Algonquin and California Teens (PACT) IN ACTION:

## Teen Dating Violence Prevention Program

### L • O • G • I • C M • O • D • E • L



**ULTIMATE VISION:** The PACT in Action program will increase capacity to prevent domestic violence by empowering youth, community members and service providers in PAC neighborhoods to address related risk factors and increase protective factors.



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#### NEEDS

*What needs does the program address?*

#### Parkhill, Algonquin and California (PAC) Neighborhoods

Each exhibits several risk factors for perpetration or victimization of teen dating violence, including: high rates of unemployment, low educational attainment, and average annual family income below poverty level.

#### Teen Residents of PAC Neighborhoods

- High rates of youth arrest for violent crimes, including forcible rape
- Data show that students from PAC rank among the lowest in access to supportive adults, feelings of safety, and positive relationships with others.

#### PROGRAM INPUTS

*What goes into the program?*

#### Financial

- Catholic Health Initiatives
- Center for Women and Families
- KentuckyOne Health

#### Personnel

- KentuckyOne Health, The Center for Women and Families, Project Director: CWF, Youth Coordinator: CWF, Communications Assistant: CWF, In-kind staff: CWF, Coalition to Prevent Teen Dating Violence, Youth Advisory Board
- Various Community Partners
- REACH of Louisville Evaluation Consultants

#### GOALS

*What does the program hope to achieve?*

Equip youth with the knowledge and skills necessary to support and lead efforts to reduce teen dating violence in the 40210 area.

Increase the engagement and accessibility of caring adults toward a reduction in teen dating violence.

Enhance youth and adult community members' knowledge, skills and engagement to reduce risk factors and increase protective factors in the built environment which would support a reduction in teen dating violence.

### Spectrum of Prevention

#### STRATEGIES

*How?*



#### ACTION STEPS

*What goes on in the program?*

- STRATEGY #1**
- Teens in 40210 will form a Youth Advisory Board (YAB).
  - YAB members will be trained on primary violence prevention and conflict resolution.
  - Conflict resolution training will be offered to the 40210 community.
  - 40210 residents will be trained on built environment safety assessment.
  - A PACT in Action educational toolkit will be developed.
  - YAB members will engage in outreach via school and community events.
  - Primary prevention initiatives will be launched by YAB members.

- STRATEGY #2**
- A youth-led public awareness campaign to address teen dating violence will be launched in the PAC community and renewed each subsequent February in honor of Teen Dating Violence Awareness Month.
  - A PACT in Action web-page, blog and other social media outlets will be maintained.
  - Educational events and presentations will be offered in neighboring communities.
  - Trainings will be conducted using the PACT toolkit.

- STRATEGY #3**
- Progress reports will be presented to all Community Councils.
  - Providers will participate in training to increase their capacity to address teen dating violence.

- STRATEGY #4**
- YAB members will maintain a PACT in Action Facebook platform.
  - The *Safe and Drug Free Schools* survey will be updated to address teen dating violence.
  - A plan for expanding programming into other areas of the city via PACT chapters will be developed.

- STRATEGY #5**
- Providers will incorporate violence prevention strategies into their programs.

- STRATEGY #6**
- The YAB will be educated on policy advocacy.
  - YAB members will attend a KY legislative session and a meeting of the Louisville Metro Council.
  - A safety assessment of the built environment will be conducted.
  - The community members will advocate for policies in support of a decrease in teen dating violence.

#### PROGRAM OUTCOMES

*How can we objectively measure each strategy?*

#### SHORT-TERM (1-3 Years)

- Teens in 40210 will form a sustainable Youth Advisory Board that will actively engage in primary violence prevention efforts.
- Teens from the 40210 area will have enhanced knowledge, skills and efficacy in youth violence prevention.
- Youth involved with PACT In Action will have been actively involved in work to decrease youth violence.
- Adult 40210 residents will have increased knowledge and skills concerning teen dating violence, prevention strategy, community engagement, supportive built environment and policy change.
- Participating providers will have increased their capacity to address teen dating violence.

#### INTERMEDIATE (3-5 Years)

- Participating organizations will incorporate violence prevention strategies into their programs.
- Community members will advocate for policy change to contribute to safety in the built environment of 40210.
- Prevention programming will be expanded into other areas of the city via PACT 'chapters.'

#### LONG TERM (5+ Years)

The PACT in Action program will achieve a 10% reduction in the incidence of domestic violence involving adults and youth (from 146 per year to 131 per year) by the year 2020.